Food 1
What best describes your diet?
Vegan = 1 block
Vegetarian = 2 blocks
Omnivore = 3 blocks
New England Aquarium Staff = 3

Food 2
Where do you buy most of your food?
Farmers’ markets and local markets = 1 block
Supermarkets and farmers’ markets = 2 blocks
Supermarkets and restaurants = 3 blocks
New England Aquarium Staff = 2

Food 3
How often do you buy local and/or certified organic food?
Most of the time = 1 block
Some of the time = 2 blocks
Almost never = 3 blocks
New England Aquarium Staff = 2

Shelter 1
What looks the most like where you live?
City = 1 block
Old suburb/rural = 2 blocks
New suburb/rural = 3 blocks
New England Aquarium Staff = 2

Shelter 2
What best describes your home?
Large apartment building = 1 block
Small apartment building = 2 blocks
Multi-family house/duplex = 3 blocks
Free-standing single-family house = 4 blocks
New England Aquarium Staff = 4

Shelter 3
How many people live in your home?
1-2 = 3 blocks
3-4 = 2 blocks
5+ = 1 block
New England Aquarium Staff = 3

Transportation 1
What is your major form of transportation?
Walk or bicycle = 1 block
Train/bus = 2 blocks
Train/bus/car = 3 blocks
Car = 4 blocks
New England Aquarium Staff = 3

Transportation 2
How often do you carpool?
Most of the time = 1 block
Sometimes = 2 blocks
Almost never = 3 blocks
New England Aquarium Staff = 1

Transportation 3
How many hours do you fly each year?
Less than 10 hours = 1 block
10-25 hours = 2 blocks
26-50 hours = 3 blocks
50+ hours = 4 blocks
New England Aquarium Staff = 3
Energy 1
What type of energy powers your home?
- Electricity/natural gas/alternative forms = 1 block
- Electricity/natural gas = 2 blocks
- Electricity/oil/gas = 3 blocks
- I don’t know = 4 blocks
New England Aquarium Staff = 3

Energy 2
What best describes the number of Energy Star appliances in your home?
- Most = 1 block
- Some = 2 blocks
- None = 3 blocks
New England Aquarium Staff = 3

Energy 3
What best describes your showering/bathing routine?
- 3-5 minute shower = 1 block
- 6-10 minute shower/bath half full = 2 blocks
- 10+ minute shower/full bath = 3 blocks
New England Aquarium Staff = 2

Goods 1
How much trash do you think you generate compared to the average American?
- Less = 1 block
- Same = 2 blocks
- More = 3 blocks
New England Aquarium Staff = 1

Goods 2
How often do you buy green, natural, non-toxic or biodegradable products?
- Most of the time = 1 block
- Sometimes = 2 blocks
- Almost never = 3 blocks
New England Aquarium Staff = 2

Goods 3
How often do you replace old things with new things?
- Most of the time = 3 blocks
- Sometimes = 2 blocks
- Almost never = 1 block
New England Aquarium Staff = 1

Sources: www.footprintnetwork.org, www.myfootprint.org